

SAFETY MASTER TRAINING GUIDE

TRAINING SUBJECT	SPECIFIC REQ	LEGAL/REGULATORY REQUIREMENT	COVERAGE/RESPONSIBILITY
1. PROFESSIONAL DEVELOPMENT FOR SAFETY SPECIALISTS	8 CEU'S PER YEAR	OPNAVINST 5100.23D CHAP 6 APPENDIX 6A	SAFETY PROFESSIONALS
2. MANAGEMENT SAFETY TRAINING	1 HOUR ANNUAL	OPNAVINST 5100.23D CHAP 6 APPENDIX 6A	MANAGEMENT PERSONNEL
3. SUPERVISORY SAFETY	4 HOURS ANNUAL	OPNAVINST 5100.23D CHAP 6 APPENDIX 6A	SUPERVISORY PERSONNEL
4. UNION REPRESENTATIVES	4 HOURS ANNUAL	OPNAVINST 5100.23D CHAP 6 PARA 6003	UNION REPS
5. NEW EMPLOYEE INDOCTRINATION	1 HOUR INITIAL	OPNAVINST 5100.23D CHAP 6	ALL EMPLOYEES
6. ASBESTOS AWARENESS	1 HOUR 40 HOURS	OPNAVINST 5100.23D CHAP 17 29 CFR 1910.1001 (LAW)	EXPOSED PERSONNEL 40 HOUR REQUEST FOR WORKERS
7. BACK INJURY PREVENTION **(SEE NOTE)**	2 HOURS ANNUAL	OPNAVINST 5100.23D CHAP 5	HIGH RISK OCCUPATIONS
8. BASIC CPR	8 HOURS ANNUAL	OPNAVINST 5100.23D CHAP 6	SPECIAL OCCUPATIONS
9. REFRESHER CPR	8 HOURS ANNUAL	OPNAVINST 5100.23D	SPECIAL OCCUPATIONS
10. EMERGENCY VEHICLE OPERATION	40 HOURS INITIAL	OPNAVINST 5100.12F	EMERGENCY RESPONDERS
11. DRIVER IMPROVEMENT	8 HOURS	OPNAVINST 5100.12F	MINOR OFFENDERS
12. EXPLOSIVE DRIVERS SAFETY	12 HOURS ANNUAL	NAVSEA OP 2239	EXPLOSIVE DRIVERS
13. MOTORCYCLE SAFETY	8 HOURS INITIAL	OPNAVINST 5100.12F	MOTORCYCLE RIDERS
14. FORKLIFT SAFETY	1 HOUR ANNUAL	DODINST 5044.5	MATERIAL HANDLERS
15. HEARING CONSERVATION	1 HOUR ANNUAL	OPNAVINST 5100.23D CHAP 18	ALL EXPOSED TO NOISE
16. SIGHT CONSERVATION	1 HOUR ANNUAL	OPNAVINST 5100.23D CHAP 19	ALL EXPOSED TO EYE HAZARDOUS OPERATIONS
17. HAZARD COMMUNICATION	4 HOURS INITIAL	29 CFR 1910.1200 (LAW)	ALL PERSONNEL EXPOSED TO

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18. HAZARDOUS MATERIAL (SPECIFIC CHEMICALS)	1 HOUR ANNUAL	29 CFR 1910.1200 (LAW) OPNAVINST 4110.2	MANDATORY SPECIFIC CHEMICAL TRAINING
19. HAZARDOUS WASTE	8 HOURS ANNUAL	29 CFR 1910.120	HAZARDOUS WASTE SPILL RESPONSE SAFETY
20. HILTI-RAMSET POWER TOOLS	1 HOUR INITIAL	29 CFR 1910.243	SPECIAL OCCUPATIONS
21. MULTI PIECE WHEEL RIMS	1 HOUR INITIAL	29 CFR 1910.177	ALL PERSONNEL EXPOSED TO THIS OPERATION
22. LASER SAFETY	1 HOUR INITIAL	SPARWARINST 5100.12	ALL PERSONNEL EXPOSED TO THIS OPERATION
23. RADIOFREQUENCY RADIATION	1 HOUR ANNUAL	OPNAVINST 5100.23D CHAP 22	ALL PERSONNEL EXPOSED TO THIS OPERATION
24. RADIATION SAFETY IONIZING/NONIONIZING	1 HOUR ANNUAL	OPNAVINST 5100.23D CHAP 22	ALL PERSONNEL EXPOSED TO THIS OPERATION
25. LEAD HAZARDS	1 HOUR ANNUAL	OPNAVINST 5100.23D CHAP 21	ALL PERSONNEL EXPOSED TO THIS OPERATION
26. FIRST AIR TRAINING	8 HOURS BI ANNUAL	OPNAVINST 5100.23D CHAP 6	SPECIAL OCCUPATIONS
27. RESPIRATORY PROTECTION	4 HOURS INITIAL	OPNAVINST 5100.23D CHAP 19 29 CFR 1910.134	ALL PERSONS EXPOSED TO RESPIRATORY HAZARDS
28. RESPIRATORY PROTECTION	2 HOURS ANNUAL REFRESH	OPNAVINST 5100.23D CHAP 19 29 CFR 1910.134	ALL PERSONNEL EXPOSED TO RESPIRATORY HAZARDS
29. CRANE SAFETY	8 HOURS ANNUAL	NAVFAC P-306/307	ALL CRANE OPERATORS

